SelfMade Health Network Compendium of Resources: Bridging Sectors to Improve

Health Equity Outcomes Among Low-Income Populations

Version 2, 2025

Health equity means everyone has an equal opportunity to live a long and healthy life regardless of race, ethnicity, gender, income, neighborhood, education, or any other social condition.

> SelfMade Health Network...

-Resources for States to Address Health Equity and Disparities, National Academy for State Health Policy¹

¹Resources for States to Address Health Equity and Disparities. National Academy for State Health Policy. Published March 31, 2021. Accessed January 29, 2025. https://nashp.org/resources-for-states-to-address-health-equity-and-disparities/

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Table of Contents

Definitions	
Acronyms	
Our Mission	5
SMHN Resources by Product Type	6
Fact Sheets	6
Toolkits	
Guidance Documents	
Customizable Op-Eds	
Infographics	
Webinars	
Additional Resources	

Important Definitions

- **Cancer health disparities:** According to the National Cancer Institute (NCI) <u>cancer health disparities</u> "are adverse differences between certain groups in cancer measures, such as:
 - Incidence (new cases)
 - Prevalence (all existing cases)
- Morbidity (cancer-related health complications)
- Mortality (deaths)
- Survivorship and quality of life after cancer treatment
- Financial burden of cancer or related health conditions
- Screening rates
- Stage at diagnosis"²
- Commercial tobacco: <u>Commercial or manufactured tobacco</u> are products made by companies and sold in stores and online. These "products include harmful chemicals, cause death, disease, and disability, and are sold for profit."³
- **Health disparities:** CDC describes <u>health disparities</u> as "preventable differences in the burden of disease, injury, violence, or opportunity." These differences can occur based on race, ethnicity, sex, education, income, disability, or whether a person lives in a rural or urban area. The CDC notes that overcoming health disparities can help improve health for all.⁴
- **Health equity:** According to the National Academy for State Health Policy, <u>health equity</u> is when "everyone has an equal opportunity to live a long and healthy life regardless of race, ethnicity, gender, income, neighborhood, education, or any other social condition."⁵
- Low socioeconomic status: The National Cancer Institute describes <u>socioeconomic status</u> (SES) as "a way of describing people based on their education, income, and type of job." People with low SES characteristics usually "have less access to financial, educational, social, and health resources

than those with a higher socioeconomic status" and are thus "more likely to be in poor health and have chronic health conditions and disabilities."⁶

- **Medically Underserved Areas:** The Health Resources and Services Administration defines <u>Medically Underserved Areas</u> (MUAs) as geographic areas (including rural and metropolitan areas) characterized by a shortage of primary care health services, high infant mortality rates, high poverty rates, and/or a high elderly population.⁷
- Social determinants of health: According to Healthy People 2030, "social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks." Healthy People 2030 groups SDOH into 5 different domains: economic stability, education access and quality, health care access and quality, neighborhood and built environment, and social and community context.⁸
- **Tobacco-related health disparities:** NCI and the National Conference on Tobacco and Health Disparities describes tobacco-related health disparities as:
- "differences in patterns, prevention, and treatment of tobacco use; the risk, incidence, morbidity, mortality, and burden of tobacco-related illness that exist among specific population groups in the United States; and related differences in capacity and infrastructure, access to resources, and environmental tobacco smoke exposure,
- "differences in the tobacco use continuum: exposure to tobacco, tobacco use initiation, current use, number of cigarettes smoked per day, quitting/ treatment, relapse, and health consequences, and
- "differences in capacity, infrastructure, and access to resources include differences in access to care, quality of health care, socioeconomic indicators that impact health care, and psychosocial and environmental resources."⁹

² About Cancer Health Disparities. National Cancer Institute. Updated January 31, 2025. Accessed February 18, 2025. https://www.cancer.gov/about-nci/organization/crchd/about-health-disparities

³ American Indian and Alaska Native People and Commercial Tobacco: Health Disparities and Ways to Advance Health Equity. CDC. Updated May 15, 2024. Accessed January 29, 2025. https://www.cdc.gov/tobacco-health-equity/collection/aian.html

⁴ What is Health Equity? CDC. Updated June 11, 2024. Accessed February 14, 2025. <u>https://www.cdc.gov/health-equity/what-is/index.html</u>

⁵ Resources for States to Address Health Equity and Disparities. National Academy for State Health Policy. Published March 31, 2021. Accessed January 29, 2025. https://nashp.org/resources-for-states-to-address-health-equity-and-disparities/

⁶ Socioeconomic status. National Cancer Institute. Accessed January 29, 2025. <u>https://www.cancer.gov/publications/dictionaries/cancer-terms/def/socioeconomic-status</u>

⁷ What is Shortage Designation? Health Resources & Services Administration. Updated June 2023. Accessed February 18, 2025. <u>https://bhw.hrsa.gov/workforce-shortage-areas/shortage-designation#mups</u>

⁸ Social Determinants of Health. U.S. Department of Health and Human Services' Healthy People 2030. Accessed January 29, 2025. https://odphp.health.gov/healthypeople/priority-areas/social-determinants-health

⁹ National Cancer Institute. NCI Tobacco Control Monograph Series 22: A Sociological Approach to Addressing Tobacco-Related Health Disparities. 2017. https://cancercontrol.cancer.gov/sites/default/files/2020-08/m22_complete.pdf

Acronyms

Cardiovascular disease	CVD
Centers for Disease Control and Prevention	CDC
Certified Public Health	СРН
Colorectal cancer	CRC
Community-based organizations	CBOs
Community-clinical linkages	CCLs
Continuing Education Contact Hours	CECH
Continuing Education Unit	CEU
Community health workers	CHWs
Continuing Medical Education	CME
Continuing Nurse Education	CNE
Faith-based organizations	FBOs

Healthcare professionals	HCPs
Medically Underserved Areas	MUAs
National Comprehensive Cancer Control Programs	NCCCPs
National and State Tobacco Control Programs	NTCPs
National Cancer Institute	NCI
Nonprofit organizations	NPOs
Patient navigators	PNs
Registered dieticians	RDs
SelfMade Health Network	SMHN
Social determinants of health	SDOH
Socioeconomic status	SES

Our Mission

Nationwide, populations with **low socioeconomic status (SES)** characteristics, including people who have low incomes, levels of education, or health literacy, who lack adequate health insurance, or who are residents of medically underserved areas in rural or metropolitan communities, experience significant and persistent barriers to good health, called **health disparities**. People with low SES characteristics are more likely to experience **commercial tobacco**-related diseases and cancers and more likely to experience higher cancer mortality rates. As a CDC national network, SelfMade Health Network (SMHN) and its partners seek to improve and sustain health outcomes by reducing tobacco- and cancer-related disparities among populations with low SES characteristics where they live, work, play, learn, worship, age, and seek health care. Collectively, these factors are known as **social determinants of health (SDOH)**.

SMHN provides information, resources, and assistance to organizations with statewide reach or reach within rural and metropolitan counties or communities with low SES characteristics, including

- National Comprehensive Cancer Control Programs (NCCCPs),
- Local health departments, and
- National/State Tobacco Prevention and Control Programs (NTCPs),
- Organizations' partners and grantees nationwide.

SMHN's user-friendly and free resources are available to all sectors, industries, health systems, academic institutions, coalitions, and organizations, including

- Nonprofit organizations (NPOs),
- Community-based organizations (CBOs),
- Faith-based organizations (FBOs),
- Public health associations,
- Professional societies,
- Healthcare and public health professionals,

- Health Plans,
- Employee health and worksite wellness associations,
- Health promotion and education associations, and
- Major decision-makers whose decisions impact the health of people with low SES characteristics.

SMHN resources are also for use by coalitions that address cancer and other chronic diseases, commercial tobacco prevention and control, nutrition, housing, aging, broadband access, and other SDOH at state, county, and community levels. Most SMHN products contain recommendations that can be tailored to communities' needs, lists of free or low-cost services, and resources to support organizations at every level. Organizations can use SMHN resources throughout planning, implementation, and sustainability phases, including programmatic, partnership, and strategic planning processes.

This user-friendly compendium contains valuable information on SMHN resources for use by national network members, partners, and organizations and decision-makers nationwide, with the resources to improve cancer outcomes and health in their communities and reduce commercial tobacco-related conditions that disproportionately impact populations, patients, and employees with low incomes and lower levels of education.

SMHN Resources by Product Type

Fact Sheets

SMHN fact sheets cover a variety of commercial tobacco- and cancer-related topics for a wide range of audiences. The fact sheets provide important context on the burdens posed by cancers, including tobacco-related cancers, and the many ways that SDOH affect tobacco-related disease outcomes. Professionals in government (federal, state, county, or local), NPOs, CBOs, FBOs, healthcare organizations, academic institutions, coalitions, associations, worksites, and health plans are encouraged to use the fact sheets and included resources to:

- Learn more about free and low-cost services and resources available to improve health outcomes among low-income populations where they live, work, play, learn, age, and receive healthcare;
- Improve professional staff development and understanding of evidence-based concepts;
- Share crucial information about cancer risk, screening, treatment, and survivorship solutions with multiple sectors and organizations;
- Educate decision-makers and media outlets (including local newspapers) to place focus on improving health outcomes; and
- Develop or strengthen programs, community clinical linkages (CCLs), strategies, partnerships, and policies to improve health in low-income populations and communities.

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	Enhancing Community-Clinical Linkages to Improve Prostate Cancer Survivorship Outcomes Among Low-Income Populations References	This fact sheet discusses strategies for strengthening CCLs to improve prostate cancer survivorship, including actionable ways to build better linkages. Note: The references for the fact sheet are contained in a <u>separate</u> . <u>document</u> .	• Cancer • Cancer survivorship • CCLs • Men's health • Prostate cancer • SDOH	 Low-income Low level of education Men Unemployed Uninsured/ underinsured 	 NCCCPs Healthcare systems, practices, and centers Local health departments Government agencies and organizations CBOs NPOs Employers Multi-disciplinary professionals Registered dieticians 	Cancer survivorship

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	Addressing Prostate Cancer and Social Determinants of Health	This fact sheet discusses the SDOH that affect men's prostate cancer survivorship. The fact sheet provides strategies for addressing myths, medical mistrust, SDOH, and more.	• Cancer • Cancer survivorship • CCLs • Men's health • Prostate cancer • SDOH	 Low-income Low level of education Men Unemployed Uninsured/ underinsured 	 NCCCPs Local health departments Healthcare systems, practices, and centers Local health departments Government agencies and organizations CBOs NPOs Employers Worksites 	Cancer survivorship
	Men's Health and Colorectal Cancer: The Importance of Prevention and Screening with Follow Up	This fact sheet discusses men's risk of colorectal cancer (CRC) and provides strategies and resources for improving men's CRC outcomes across the cancer continuum.	 Cancer Cancer prevention Cancer screening Cancer survivorship CRC Men's health 	• Low-income • Low level of education • Men	 NCCCPs Local health departments Healthcare systems, practices, and centers Government agencies and organizations CBOs NPOs Employers Multi-disciplinary professionals 	Cancer awareness, prevention, screening/early detection
	Understanding Health Risk: Using Family Health Histories to Promote Health	This fact sheet provides a primer on the importance of family health histories and provides strategies for organizations to help people build and understand family health histories.	• Cancer • Family health histories	• Chronic disease	 NCCCPs NTCPs Local health departments CHWs PNs CBOs NPOs FBOs 	Cancer awareness and risk reduction
	How Screening Saves Lives: Breast and Lung Cancer Screening in Low Socioeconomic Status Populations	This fact sheet describes the importance of breast and lung cancer screening and strategies for improving uptake of screen- ings, such as pairing screenings.	 Breast cancer Cancer Cancer prevention Cancer screening Lung cancer 	 Low-income Women Low level of education Unemployed Uninsured/ underinsured 	 NCCCPs Healthcare systems, practices, and centers Local health departments Government agencies and organizations CBOs NPOs Employers Multi-disciplinary professionals 	Cancer screening and early detection

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
<image/>	Supporting Cancer Patients and Survivors Through Medicaid Unwinding	This fact sheet discusses the ef- fects of Medicaid Unwinding and provides tips for helping people find and keep insurance coverage.	• Cancer • Cancer survivorship • Medicaid/Medicare • SDOH	 Cancer survivors Low-income Low level of education Unemployed Uninsured/ underinsured 	 NCCCPs Healthcare systems, practices, and centers Local health departments Government agencies and organizations CBOs NPOs Employers Health coalitions CHWs PNs Multi-disciplinary professionals 	Medicaid Unwinding
	From the Lungs to the Heart: How Tobacco- related Diseases and Cancers Affect Men's Health References	This fact sheet provides a background on socioeconomic factors and barriers to health that influence tobacco-related diseases in men and provides ways for organizations to support men by addressing tobacco- related diseases and cancers.	 Men's health Tobacco-related diseases Cancer SDOH Radon 	• Men • Low-income • Chronic disease	 NCCCPs NTCPs CHWs HCPs Local health departments Government organizations CBOs NPOs 	Health equity
	The Lungs and Beyond: How Cardiovascular Diseases and Cancers Caused by Commercial Tobacco Affect Low- Income Populations References	This fact sheet discusses how tobacco affects people with low SES, including by causing cardiovascular disease (CVD), and includes ways organizations can address tobacco-related diseases.	 Cancer CVD Tobacco-related diseases SDOH 	 Low-income Low level of education Unemployed Uninsured/ underinsured Chronic disease 	 NCCCPs NTCPs CHWs HCPs Local health departments Government organizations CBOs NPOs 	Health equity
	Reigniting the Cancer Moonshot Initiative	This fact sheet discusses the history and goals of the Cancer Moonshot Initiative, including efforts to improve cancer equity.	 Cancer Cancer Moonshot Initiative 	Cancer survivors	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs Employers 	Cancer Moonshot Initiative

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	How Your Organization Can Support the Cancer Moonshot Initiative	This fact sheet discusses ways that organizations can support the Cancer Moonshot initiative and improve cancer care for all.	• Cancer • Cancer Moonshot Initiative	• Low-income • Uninsured/underinsured • Cancer survivors	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs Employers 	Cancer Moonshot Initiative
	<u>Healthier Nation Fact</u> <u>Sheet: Blue-collar</u> <u>Industries and Worksites</u>	This fact sheet discusses how cancer affects blue-collar workers and the many ways that employers can improve cancer prevention and survivorship.	 Cancer Cancer prevention Cancer survivorship Commercial tobacco cessation 	• Employees in blue-collar industries	• Employers	Cancer awareness, workplace programs and protections
	Healthier Nation Fact Sheet: Businesses in All Industries and Sectors, Chambers of Commerce	This fact sheet discusses how cancer affects people in all industries and includes ways that employers can improve cancer prevention and survivorship for employees.	 Cancer Cancer prevention Cancer survivorship Commercial tobacco cessation 	• Employees in all industries	• Employers	Cancer awareness, workplace programs and protections
	Healthier Nation Fact Sheet: Labor Unions	This fact sheet discusses ways that labor unions and employers can support employee health through cancer prevention and survivorship.	 Cancer Cancer prevention Cancer survivorship Commercial tobacco cessation 	• Employees in all industries	• Labor unions • Employers	Cancer awareness, workplace programs and protections
	Healthier Nation Fact Sheet: Small Business Associations and Minority-Owned Businesses	This fact sheet has resources to help employers improve cancer prevention and survivorship for all employees.	Cancer Cancer prevention Cancer survivorship Commercial tobacco cessation	• Employees in all industries	• Employers	Cancer awareness, workplace programs and protections
	<u>SMHN Coronavirus Series</u> <u>– Rural Communities</u>	This fact sheet discusses the needs of rural communities during public health emergencies and includes ways that organiza- tions can prepare rural communi- ties for emergencies.	• Emergency preparedness	• Rural communities	 HCPs Governmental organizations NPOs 	Emergency preparedness

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	SMHN Coronavirus Series – Culture and Metropolitan Communities	This fact sheet discusses the needs of people with low SES characteristics during public health emergencies and ways that organizations can prepare communities for emergencies.	• Emergency preparedness	Metropolitan communities	 HCPs Governmental organizations NPOs 	Emergency preparedness
WINING WI	<u>SMHN Coronavirus Series</u> <u>– Men's Health</u>	This fact sheet discusses men's health, ways that organizations can improve resiliency among men in their community, and tips for those looking to prepare their communities for emergencies.	Emergency preparednessMen's health	• Men • Uninsured/underinsured	 HCPs Governmental organizations NPOs 	Emergency preparedness
Annual State	SMHN Coronavirus Series - Tobacco Cessation: Lung Cancer and Chronic Ob- structive Pulmonary Disease	This fact sheet discusses how low SES characteristics affect health and ways to improve emergency preparedness in communities.	 Emergency preparedness SDOH 	• Chronic disease	 HCPs Governmental organizations NPOs 	Emergency preparedness
Record State Stat	SMHN Coronavirus Series <u>– Public Health Prepared-</u> <u>ness and Populations with</u> <u>Low Socioeconomic Status</u> (SES) Characteristics	This fact sheet discusses how COVID-19 exacerbated health disparities in low SES communities and ways that public health preparedness can support low SES communities during emergencies.	 Emergency preparedness SDOH 	• Low-income • Uninsured/underinsured • Homeless	 HCPs Governmental organizations NPOs 	Emergency preparedness
Bit Market and State and	SMHN Coronavirus Series – Cancer Survivorship	This fact sheet discusses the ways that emergency preparedness plans can support cancer survi- vors with low SES characteristics.	Cancer Emergency preparedness	• Cancer survivors	 HCPs Governmental organizations NPOs 	Emergency preparedness
	Cancer Mortality Among Individuals with Low SES Characteristics	This fact sheet describes the disproportionate effect that cancer has on people with low SES characteristics and provides resources to support organizations as they improve cancer disparities in their communities.	• Cancer • Cancer mortality	• Low-income • Low level of education	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	Cancer Screening Among Individuals with Low SES Characteristics	This fact sheet discusses socioeconomic barriers to cancer screening and free and low-cost cancer screening resources.	Cancer Cancer screening	 Low-income Low level of education Uninsured/underinsured 	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	Fast Facts: Breast Cancer and Financial Barriers	This fact sheet discusses the financial challenges that women with breast cancer may experience, including lack of insurance.	• Breast cancer • Cancer • Insurance coverage	• Uninsured/underinsured • Low-income • Women	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	Fast Facts: Lung Cancer	This fact sheet discusses the importance of lung cancer screening and the lung cancer disparities experienced by some communities.	• Lung cancer • Cancer	• Men • Smokers • Non-smokers	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	<u>Fast Facts: Men's Cancer</u> <u>Health Disparities</u>	This fact sheet discusses cancer in men and includes resources for organizations looking to improve cancer disparities among men.	Cancer Cancer screening	• Men • Unemployed • Uninsured/ underinsured	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	Fast Facts: Cancer Survivorship Challenges	This fact sheet describes challenges cancer survivors face and resources to help organizations improve the health of cancer survivors in their communities.	• Cancer • Cancer survivorship	 Cancer survivors Uninsured/ underinsured Low-income 	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity

Fact Sheets						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	<u>Fast Facts: Cancer</u> <u>Survivorship</u>	This fact sheet has resources to help organizations improve cancer survivorship among people with low SES characteristics.	• Cancer • Cancer survivorship	 Cancer survivors Low-income Low levels of education Uninsured/underinsured 	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	Fast Facts: Smoking Impacts Illness	This fact sheet discusses how commercial tobacco and tobacco- related diseases disproportionately affect low-income communities.	 Tobacco-related diseases SDOH 	 Smokers Low-income Low levels of education Uninsured/underinsured 	 NCCCPs NTCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	Fast Facts: Smoking and Poverty	This fact sheet discusses the ways that commercial tobacco affects low SES populations and provides free and low-cost quit tobacco resources for organizations to share.	 Commercial tobacco use Commercial tobacco cessation SDOH 	 Smokers Low-income Low level of education 	 NCCCPs NTCPS CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity
	Fast Facts: Smoking and Working Adults	This fact sheet discusses the ways that employment can influence tobacco-related diseases, including exposure to secondhand smoke and lack of job accommodations.	 Commercial tobacco use Cancer screening 	 Smokers Nonsmokers Employees in blue collar industries 	 NCCCPs NTCPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Health equity

Toolkits

SMHN toolkits provide important communications guidance, background information, and social media posts and graphics for organizations and HCPs on specific topics. Professionals in government (federal, state, county, local), NPOs, CBOs, FBOs, healthcare organizations, academic institutions, coalitions, associations, and worksites are encouraged to use toolkits and other resources to:

- Share evidence-based commercial tobacco cessation resources,
- · Learn about effective tobacco cessation messaging that can be tailored to support low-income populations,
- Assist members of multi-disciplinary healthcare teams with supporting patients during their tobacco cessation journeys,
- Develop a social media strategy for commercial tobacco cessation,
- Access and share free commercial tobacco cessation service, and
- Customize pre-written posts for social media and other media outlets or distribute them, along with graphics, as they are supplied in the toolkits.

Toolkits						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	Commercial Tobacco Cessation Messaging Toolkit for Medicaid Healthcare Providers and Multi-Disciplinary Teams, Including Community Health Workers and Patient Navigators, In All Settings	This toolkit discusses commercial tobacco cessation strategies for healthcare providers and includes quit resources, examples of social media posts, and messaging strategies designed to support healthcare professionals.	 Social media Commercial tobacco cessation Tobacco-related diseases 	 Low-income Low level of education Commercial tobacco product users (including smokers) Unemployed Uninsured/underinsured 	 CHWs HCPs Multi-disciplinary professionals Health educators PNs Health plans 	Commercial tobacco cessation
And the second s	SelfMade Health Network. Quit Tobacco Toolkit: Men's Health Facebook Images Instagram Images Twitter Images	This toolkit provides social media posts that organizations can utilize to promote access to free tobacco cessation resources for men.	 Commercial tobacco cessation Men's health 	• Smokers • Men • Low-income	 NCTPs CHWs HCPs Local health departments Governmental organizations CBOs NPOs 	Commercial tobacco cessation
	Leveraging Social Media to Maximize Reach: Health Equity	This toolkit offers a primer on how organizations can use social media to further their work, including best practices to maximize reach.	• Social media	• Low-income	 CHWs Governmental organizations CBOs NPOs 	Health equity

Guidance Documents

SMHN guidance documents can help professionals in government (federal, state, county, or local), public health, healthcare organizations, NPOs, academic institutions, and health coalitions build effective outreach programs. Professionals can use the guidance documents to:

- · Learn more about breast cancer disparities,
- Reach medically underserved populations with targeted outreach, and
- Develop breast cancer prevention and survivorship programs.

Guidance Docu	Guidance Documents								
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic			
	Tennessee Multi-Regional Community Engagement and Outreach Plan	In conjunction with the Meharry Medical College, SMHN spearheaded the development of this outreach plan. This resource, featured at the American Association of Cancer Research Conference on the Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved, helps organizations develop breast cancer prevention and survivor- ship programs.	 Cancer Breast cancer Cancer prevention Cancer survivorship SDOH 	• Low-income • Women • Uninsured/underinsured	 CHWs Health coalitions Health systems Governmental organizations NPOs Academic institutions 	Health equity			

Customizable Op-Eds

SMHN Op-Eds are customizable templates that discuss tobacco-related diseases, SDOH, and specific cancers that disproportionately affect low-income communities and populations with low SES characteristics. Each Op-Ed has prompts and resources to help the user customize the product for local communities, including local statistics, and available resources.

Organizations can use the Op-Eds to provide information about the state or local burden of tobacco-related diseases, disseminate information and resources, and educate partners and decision-makers. These Op-Eds can be submitted to media outlets or online services on behalf of your organization or published on websites, in emails, in newsletters, or via other communication methods.

Customizable	Customizable Op-Eds								
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic			
	Reducing Shared Risks: Breast Cancer, Cardiovascular Disease, and Food Insecurity	This Op-Ed discusses the importance of regular access to healthy foods for prevention of both breast cancer and CVD. The Op-Ed provides strategies for addressing food insecurity both before and after breast cancer diagnosis.	• Breast cancer • Cancer • CVD • Food insecurity	 Chronic disease Low-income Women Low level of education Unemployed Uninsured/underinsured 	 NCCCPs Local health departments CBOs NPOs FBOs Health coalitions Health plans 	Cancer Survivorship			
Image: State	Improving Men's Health in Our Community	This Op-Ed discusses the far-reaching consequences of commercial tobacco on men's health and provides resources and strategies to help reduce the effects of tobacco-related diseases.	 Cancer Cancer prevention Cancer screening CVD Lung cancer Men's health SDOH Tobacco-related diseases Radon 	 Chronic disease Low-income Low level of education Unemployed Uninsured/underinsured 	 NCCCPs NTCPs CHWs CBOs NPOs Health coalitions 	Commercial tobacco cessation, tobacco-related cancers			
	 General Lung Cancer Screening Op-Ed Cancer Moonshot Lung Cancer Screening Op-Ed 	The lung cancer Op-Eds discuss lung cancer and lung cancer screening and are customizable for various audiences.	 Lung cancer Cancer Cancer screening 	• Low-income	 NCCCPs NTCPs CHWs CBOs NPOs Health coalitions 	Cancer awareness			

Customizable	Customizable Op-Eds							
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic		
	Breast Cancer Awareness Op-Ed 1 Breast Cancer Awareness Op-Ed 2 Cancer Moonshot Breast Cancer Awareness Op-Ed	Organizations can customize these breast cancer Op-Eds with local data and use them to improve breast cancer awareness and screening in their communities.	 Breast cancer Cancer Cancer screening 	• Low-income • Women • Uninsured/underinsured	 NCCCPs NTCPs CHWs CBOs NPOs Health coalitions 	Cancer awareness		
	<u>Colorectal Cancer and</u> <u>Cancer Moonshot Op-Ed</u>	This Op-Ed discusses the importance of CRC prevention and screening and can be used to lobby for improved CRC awareness.	 CRC Cancer Cancer screening Cancer Moonshot Initiative 	• Low-income	 NCCCPs NTCPs CHWs CBOs NPOs Health coalitions 	Cancer awareness		

Infographics

SMHN infographics present complex information on commercial tobacco and tobacco-related diseases, including some cancers, in a visual way. Professionals in government (federal, state, county, local), CBOs, NPOs, FBOs, healthcare organizations, academic institutions, coalitions, associations, and worksites can use the infographics to:

- Learn and share information about cancers, commercial tobacco-related diseases, and SDOH;
- Access resources to help address SDOH at the state, county, and local community levels;
- Develop stronger programs, CCLs, and partnerships to improve health in low-income populations and communities;
- Develop strategies to address tobacco use, tobacco-related diseases, and SDOH;
- Download and publish infographics on websites and as stand-alone pieces to illustrate specific topics;
- Share printed visuals discussing cancer and SDOH; and
- Disseminate infographics to further support organizations and educate decision-makers and media that focus on improving health outcomes and increasing public understanding of important health topics.

Infographics	Infographics							
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic		
	The Road to Cancer Survivorship: Addressing Social Determinants of Health to Improve Breast Cancer Survivorship	This infographic provides a roadmap for identifying and addressing barriers to breast cancer survivorship and includes resources to help address SDOH to improve cancer outcomes.	 Breast cancer Cancer CVD Food insecurity 	 Low-income Women Low level of education Unemployed Uninsured/underinsured 	 NCCCPs Local health departments Healthcare settings CHWs PNs Health educators CBOs NPOs FBOs Health coalitions Health plans 	Cancer Survivorship		

Infographics							
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic	
	The Road to Cancer Survivorship: Addressing Social Determinants of Health to Improve Prostate and Colorectal Cancer Survivorship	This infographic provides a roadmap for identifying and addressing barriers to prostate and colorectal cancer survivorship and includes resources to help address SDOH to improve cancer outcomes.	 Cancer Cancer survivorship Men's health Prostate cancer SDOH 	 Low-income Low level of education Men Unemployed Uninsured/underinsured 	 NCCCPs Local health departments Healthcare settings CHWs PNs Health educators CBOs NPOs FBOs Health coalitions Health plans 	Cancer Survivorship	
	How Your State or Organization Can Support the Cancer Moonshot National Initiative Infographic	This companion infographic to SMHN's Cancer Moonshot Fact Sheet Series is a quick guide with ways that organizations can support the Cancer Moonshot Initiative.	 Cancer Cancer prevention Cancer Moonshot Initiative 	• Cancer survivors • Low-income	 NCCCPs CHWs HCPs Local health departments Government organizations CBOs NPOs 	Cancer Moonshot Initiative	
Multium Housing	Tips for Implementing Smokefree Housing	This infographic has tips for implementing smokefree policies in multiunit housing.	 Smokefree housing Secondhand smoke 	• Low-income	• Lessors	Smokefree housing	
	HUD-Multiunit Housing	This infographic discusses the importance of smokefree housing policies to protect the health of children.	 Smokefree housing Secondhand smoke 	• Low-income • Children	 Local health departments Government organizations NPOs Lessors 	Smokefree housing	

Infographics								
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic		
Image: state	Let's Talk About Colorectal Cancer	This infographic series provides information about the scope of CRC in the United States along- side a call to save lives with early screening.	 Cancer CRC Cancer prevention Cancer screening 	• Low-income	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Cancer awareness		
	Let's Talk About Lung Cancer	This infographic series discusses the effects of lung cancer and the importance of getting screened for it.	 Lung cancer Cancer Cancer prevention Cancer screening 	• Low-income • Smokers	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Cancer awareness		
	<u>Let's Talk About Breast</u> <u>Cancer</u>	This infographic series discusses breast cancer and the importance of screening for it.	 Breast cancer Cancer Cancer screening Cancer prevention 	• Low-income • Women	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Cancer awareness		
Handbard and the second	<u>Let's Talk About Prostate</u> <u>Cancer</u>	This infographic series discusses prostate cancer and promotes early detection.	 Prostate cancer Cancer Cancer screening 	• Men • Low-income	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Cancer awareness		

Infographics	Infographics							
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic		
	Ensuring Access to Care	This infographic discusses ways that organizations can improve access to care for people with low SES characteristics and end can- cer disparities.	• Cancer • SDOH	• Uninsured/underinsured	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Health equity		
	Eliminating Cancer Diagnoses	This infographic discusses the roles that every member of a community plays in reducing tobacco-related cancers and has ways that organizations can reduce tobacco-related diseases and improve health in their communities.	• Cancer • Cancer prevention	• Low-income • Uninsured/underinsured	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Health equity		
Annen(1) SES to access housing to access housing to access housing SES or grant housing access h	Vulnerable Populations Graphics	The infographics in our Vulnerable Populations series have facts about how low SES affects health and cancer mortality.	• Cancer	• Low-income	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Health equity		
Cover account for one of land of the Under States Rever day 1000 account in the Under States	Cancer by the Numbers Graphics	The infographics in our Cancer by the Numbers series discuss how cancer affects Americans.	• Cancer	• Cancer survivors	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Cancer awareness		

Infographics						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
Research of the second	Tobacco by the Numbers Graphics	The infographics in this series discuss how commercial tobacco affects Americans.	 Commercial tobacco use Commercial tobacco cessation 	• Smokers	 NCCCPs NTCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Commercial tobacco cessation
	Preventing Disparities in Low SES Communities	This infographic includes ways for communities to improve health and reduce cancer- and tobac- co-related disparities.	 Commercial tobacco cessation Cancer Cancer prevention Cancer screening Cancer survivorship 	• Low-income • Low level of education • Uninsured/ underinsured	 NCCCPs CHWs HCPs Local health departments Governmental organizations CBOs FBOs NPOs 	Health equity

Webinars

SMHN webinars are free, on-demand presentations featuring experts speaking to a variety of topics. The webinars highlight evidence-based interventions and best and promising practices, strategies, and action steps. Webinars also contain free supplemental resources that are downloadable and that can be used to assist organizations with program, partnership, and policy efforts. Professionals in government (federal, state, county, local), CBOs, NPOs, FBOs, healthcare organizations, academic institutions, coalitions, worksites, and health plans are encouraged to access SMHN's webinars.

Webinars						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
	Advancing Health Equity: How to Access & Utilize SelfMade Health Network (SMHN) Resources-Part 1 and Part 2	This 15-minute mini-webinar series has information to help organizations quickly navigate and utilize SMHN resources to enhance program development and implementation, partnership formation, and health communi- cation. This series provides professionals with evidence- based interventions, best and practices, and innovative approaches for improving health outcomes, specifically among populations with low-SES characteristics.	 Cancer Cancer prevention Cancer screening SDOH Tobacco-related diseases Commercial tobacco cessation 	 Low-income Women Low level of education Unemployed Uninsured/underinsured 	 CHWs HCPs Local health departments Government organizations 	Cancer prevention and survivorship, commercial tobacco cessation
A second	Prostate Cancer Survivorship Series: Health Equity Driven Approaches for Optimizing Outcomes in Low-Income Population • Part 1 • Part 2	The Prostate Cancer Survivorship Series discusses prostate cancer best practices and strategies for improving prostate cancer survivorship among men with low incomes.	 Cancer Cancer screening Cancer survivorship CCLs Men's health Prostate cancer SDOH 	 Cancer survivors Chronic disease Low-income Low level of education Men Unemployed Uninsured/underinsured 	 CHWs HCPs Local health departments Government organizations CBOs NPOs 	Cancer Survivorship

Webinars						
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic
Hand the operation of the second seco	Pathways to Health Equity: Expanding Community-Clinical Linkages to Improve Health Outcomes Among Low-Income Populations Nationwide • Part 1 • Part 2 • Part 3 • Part 4 • Part 5	The Pathways to Health Equity webinar series discusses SDOH and the importance of CCLs to improve health for people with low incomes.	 Breast cancer Cancer Cancer prevention Cancer screening Cancer survivorship CRC CCLs Food insecurity Lung cancer Medicaid/Medicare Prostate cancer SDOH 	 Chronic disease Low-income Low level of education Unemployed Uninsured/underinsured 	 CHWs HCPs Local health departments Government organizations NPOs RDs 	CCLs (Cancers)
	Enhancing Community-Clinical Linkages to Expand Lung Cancer Screening Nationwide Created in partnership with the American College of Radiology	This webinar discusses Lung Cancer Screening Day and the importance of CCLs for improving lung cancer screening rates and early detection of lung cancer.	 Cancer Cancer screening Cancer survivorship CCLs Lung cancer Tobacco-related diseases 	 Low-income Low level of education Commercial tobacco product users, including smokers unemployed uninsured/underinsured 	• CHWs • HCPs • Government organizations • CBOs • NPOs	CCLs (Lung Cancer)
	*Examining the Intersection of Cancer Disparities Among Populations with Low Socioeconomic Status (SES) Characteristics	This webinar discusses identifying and addressing cancer disparities for people with low incomes. Continuing education credits (CME, CNE, CEU, CECH, CPH) sponsored by the CDC are available for this webinar through July 8th, 2025 .	• Cancer • SDOH	 Low-income Low level of education Unemployed Uninsured/underinsured 	 CHWs HCPs Government organizations CBOs NPOs 	Cancer
	From Prevention to Screening and Survivorship: A Roadmap for Reducing Shared Risks Associated with Cancers and Cardiovascular Disease Among Low- Income Populations and Patients • Part 1 • Part 2	The From Prevention to Screening and Survivorship webinar series, designed in collaboration with the American Heart Association, discusses best/promising practices to address tobacco cessation and tobacco-related diseases among people with low incomes.	 Cancer Cancer prevention Cancer screening Cancer survivorship CVD SDOH Commercial tobacco cessation Tobacco-related diseases Commercial tobacco use 	 Cancer survivors Chronic disease Employees in all industries Employees in blue collar industries Low-income Low level of education Commercial tobacco product users Unemployed Uninsured/underinsured 	 CHWs HCPs Employers Government organizations CBOs NPOs Health coalitions Health systems 	Cancer prevention and survivor- ship

Webinars	Webinars							
Thumbnail	Title	Description	Primary Topics	Primary Low SES Populations	Primary Audience	National Landscape Topic		
And Andrew Andre	Lung Cancer Disparities: Addressing Gaps and Opportunities to Improve Health Outcomes and Health Equity Among Low-Income Populations and Other Populations with Low Socioeconomic Status (SES) Characteristics • Part 1 • Part 2 • Part 3	The Lung Cancer Disparities Series discusses gaps in lung can- cer screening among people with low SES characteristics.	 Cancer Cancer screening Cancer survivorship CCLs Lung cancer SDOH Commercial tobacco cessation Tobacco-related diseases 	 Low-income Low level of education Commercial tobacco product users, including smokers unemployed uninsured/underinsured 	 CHWs HCPs Government organizations CBOs NPOs 	Cancer screening/early detection and survivorship (lung cancer)		
Internet interne	Moving Cancer Moonshot Forward by Connecting More States, Health Systems, Sectors, and Communities to Improve Health Equity, Access and Outcomes • Part 1 • Part 2 • Part 3 • Part 4	The Moving Cancer Moonshot Forward webinar series discusses evidence-based ways that organizations can support the Cancer Moonshot Initiative.	 Cancer Cancer Moonshot Initiative Cancer screening Cancer survivorship CCLs Medicaid/Medicare 	 Low-income Low level of education Unemployed Uninsured/underinsured 	 CHWs HCPs Government organizations CBOs NPOs Health coalitions Healthy systems 	Cancer Moon- shot Initiative		
An and a second	Colorectal Cancer: Opportunities to Advance Health Equity with Healthy People 2030 Objectives from a Low Socioeconomic Status (SES) Perspective	This webinar presents best/ promising practices to improve CRC screening and outcomes.	 Cancer Cancer screening Cancer survivorship CRC SDOH 	 Cancer survivors Low-income Low level of education Unemployed Uninsured/underinsured 	 CHWs HCPs Government organizations CBOs NPOs 	Cancer screening/early detection and survivorship (CRC)		

Additional Resources

2024 Surgeon General's Report on Eliminating Tobacco-Related Diseases and Death: Addressing Disparities

The 2024 Surgeon General recently released a new report on the state of commercial tobacco in the United States. The report discusses persistent disparities in commercial tobacco-related diseases and ways to address them. Laying out a vision of a world without tobacco-related deaths, the report calls on all sectors to help address significant and persistent differences (also known as health disparities) in tobacco exposure, use, dependence, and health outcomes.

SMHN recently released an official statement on the report, which can be found on the <u>SMHN website</u>.

American Society of Clinical Oncology Policy Statement on Social Determinants of Health (SDOH)

The American Society of Clinical Oncology (ASCO) notes that SDOH as factors that "affect all aspects of the cancer care continuum, from screening through end-of-life and/or survivorship." ASCO defines SDOH as "the conditions in which people are born, grow, live, work, and age. These include underlying social, economic, and environmental conditions faced by individuals and their communities." Professionals and organizations can learn more about SDOH and how to address them through ASCO and through relevant SMHN resources.

CDC Division of Cancer Prevention and Control

CDC's Division of Cancer Prevention and Control improves cancer prevention, detection, and treatment for all Americans. The division promotes equitable access to cancer screening. Through the <u>United States Cancer Statistics program</u>, the division provides yearly data on cancer in the United States. Organizations can view recent cancer statistics by state, type of cancer, or demographic. This data can help organizations make informed decisions on resource allocation in their communities.

CDC Tips from Former Smokers Campaign

Smoking is the leading cause of preventable death in the United States. CDC's Tips from Former Smokers Campaign uses real people's stories to help others quit. Former smokers share their stories about smoking and reveal what finally helped them quit for good. The campaign also includes resources to help people stay tobacco-free. Organizations can share ads from the campaign to encourage people in their own communities to quit.

National Cancer Institute (NCI)

The National Institutes of Health's NCI is driving the cutting edge of cancer research. NCI provides resources to promote cancer prevention, detection, and treatment. In conjunction with the Cancer Moonshot Initiative, the NCI has developed a <u>National Cancer Plan</u>. The plan includes goals that will help improve cancer care for all Americans.

President's Cancer Panel Initial Assessment of the National Cancer Plan

In 2024, The President's Cancer Panel released its initial assessment of NCI's <u>National Cancer Plan</u>. The report discusses the National Cancer Plan and identifies priority areas to improve cancer care. SMHN is featured in the report as one of the 29 individuals and organizations whose work supports the National Cancer Plan. This comprehensive report features CDC National Network SelfMade Health Network on page 24 alongside other organizations nationwide.